



Support for Veterans' Caregivers

Resources Every Caregiver Should Know About

AARP is a proud member of the *National Coalition for Military Caregivers*, a broad coalition of leading public, private, nonprofit, labor and faith organizations being assembled by the Elizabeth Dole Foundation to address the gaps in support for military and veteran caregivers. As part of AARP's growing support efforts on behalf of family caregivers, we are offering this list of valuable resources, beginning with the AARP Caregiving Resource Center.

[AARP Caregiving Resource Center](http://www.aarp.org/home/family/caregiving)
www.aarp.org/home/family/caregiving

The screenshot shows the AARP website's navigation bar with links for 'AARP The Magazine', 'AARP Bulletin', 'In Your State', 'AARP Foundation', 'Discounts', 'Community', 'More', 'My Account', 'Register', and 'Login'. Below the navigation bar is a red header with the AARP logo and 'Real Possibilities' tagline. A search bar is located on the right. The main navigation menu includes categories like 'MEMBER BENEFITS', 'HEALTH', 'WORK & RETIREMENT', 'MONEY', 'HOME & FAMILY', 'ENTERTAINMENT', 'FOOD', 'TRAVEL', 'POLITICS', and 'GAMES'. The 'HOME & FAMILY' section is expanded to show sub-links: 'Dating', 'Family & Friends', 'Sex & Intimacy', 'Caregiving', 'Your Home', 'Personal Technology', 'Getting Around', and 'Discounts'. The page title is 'AARP Home » Home & Family » Caregiving'. The main heading is 'Caregiving Resource Center | Information, tools and tips for caregivers'. On the left, there is a 'CAREGIVING HOME' sidebar with links for 'Planning & Resources', 'Benefits & Insurance', 'Legal & Money Matters', 'Care for Yourself', 'Providing Care', 'Senior Housing', 'End of Life Care', and 'Grief & Loss'. The central image shows an elderly woman with a walker being supported by a caregiver in a field. To the right, there are 'CAREGIVING TOOLS' including 'Care Provider Tool' and 'Long-Term Care Calculator'. Below the image, there are sections for 'CHAT WITH AN EXPERT' featuring Elinor Ginzler on 'Transportation Needs for Caregivers', 'LATEST CAREGIVING NEWS' with articles like 'Giving Family Caregivers the Respect and Support They Deserve', and 'FIND SUPPORT'. At the bottom, there is a 'LOCATE RESOURCES' section and a 'HEALTH WATCH' section with a 'SUBSCRIBE' button for a newsletter.

[Alzheimer's Association](http://www.alz.org)
www.alz.org
800-272-3900

- Information and support for people with Alzheimer's disease and their caregivers. Operates a 24/7 helpline and care navigator tools.



[Alzheimers.gov](#)

www.alzheimers.gov

- The government's free information resource about Alzheimer's disease and related dementias.

[ARCH Respite Network](#)

www.archrespite.org

- Find programs and services that allow caregivers to get a break from caring for a loved one.

[Eldercare Locator](#)

www.eldercare.gov

800-677-1116

- Connects caregivers to local services and resources for older adults and adults with disabilities across the United States.

[Family Caregiver Alliance](#)

www.caregiver.org

800-445-8106

- Information, education and services for family caregivers, including the Family Care Navigator, a state-by-state list of services and assistance.

[Medicare](#)

www.medicare.gov/caregivers

800-Medicare

- Provides information about the parts of Medicare, what's new and how to find Medicare plans, facilities or providers.

[National Alliance for Caregiving](#)

www.caregiving.org

- A coalition of national organizations focused on family caregiving issues.

[National Family Caregivers Association](#)

www.caregiveraction.org

- Information and education for family caregivers; includes the Caregiver Community Action Network, a volunteer support network in over 40 states.

[The National Clearinghouse for Long-Term Care Information](#)

www.longtermcare.gov

- Information and tools to plan for future long-term care needs.

[Social Security Administration](#)

www.socialsecurity.gov

800-772-1213

- Information on retirement and disability benefits, including how to sign up.

[Veterans Administration](#)

www.caregiver.va.gov

855-260-3274

- Support and services for families caring for veterans. Maintains a VA caregiver support line.

[State Health Insurance Assistance Program](#)

www.shiptalk.org

- A program that offers one-on-one insurance counseling and assistance to people with Medicare and their families.